

COVID 19 Pandemic - Frequently Asked Questions

I am now self-isolating do I need a sick note from the GP?

No you do not. You can self-certify by using the official government isolation note which you can access at <https://111.nhs.uk/covid-19>

I think I'm high risk so should I go to work?

You can find the official government criteria for self-isolation at <https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults>

If you do not fit any of these criteria but feel that you should not be travelling to work then you should discuss this openly with your employer. This is a decision you have to make together with your employer. We as your GP cannot make this decision for you.

My employer wants a letter from my GP to prove I have a medical condition?

This is not necessary but if your employer is insistent then we can send you a text outlining your medical conditions to show them.

I need a prescription but I can't get into the surgery? The pharmacy has closed what do I do?

We are sending all our prescriptions electronically to the pharmacies. If you have not already signed up for electronic prescribing you will be asked to do so. If a pharmacy closes because of staff shortages or illness we will direct your prescriptions to another site. If you are staying at home a well family member or friend can collect your prescriptions for you and the local pharmacies are doing home deliveries where possible

Do I need a rescue pack of antibiotics?

We are not issuing rescue packs of antibiotics or steroids at this time. If you develop a cough or a fever call 111 and if you are directed back to the surgery we will give you the most appropriate treatment.

I am due my DEPO. Can I still have it?

Yes, we are still continuing with DEPO injections and will arrange these in the usual way. If you do not want to come to the surgery then arrange to speak to a nurse or GP so we can offer you alternative contraception.

I am due an essential injection - e.g. B12, Prostag, Aranesp, Clopixon, Testosterone – will I still get it?

Yes, we are continuing with all of these and will arrange them in the usual way. If you think that you could give yourself any of these injections then do let us know.

Can I still have my routine injections – e.g. flu, pneumococcal, shingle, travel vaccinations?

We will continue with flu and pneumococcal injections and arrange them in the usual way. Any other routine injections will be stopped.

My baby is due their immunisations. Will these still go ahead?

Yes, we are continuing with all baby vaccinations and will arrange them in the usual way

I need my ears syringed. What should I do?

We have stopped ear syringing during this period. Please use Olive oil to clear your ear wax.